

The **BEST WAY** to Ensure Students Make Safe, Smart Decisions

Teach Students How to Prevent Alcohol-Related Problems

Unlike other programs, TIPS for the University teaches students intervention skills to prevent alcohol-related problems such as intoxication, drunk driving, and underage drinking among their peers. This practical 3-part program covers the essential knowledge and tools students need:

Information, such as signs of intoxication, factors that affect the absorption of alcohol, intervention strategies, state-specific laws relating to alcohol, and other topics.

Skills Training, that engages students in a series of realistic scenarios to help develop their abilities to assess behavior and intoxication levels. Thus, participants learn to determine appropriate responses to difficult situations.

Practice and Rehearsal, where students take the information and skills they have learned and use them in role-playing exercises that challenge their ability to effectively intervene in difficult alcohol-related settings.

Address Alcohol Use in All Aspects of Student Life

TIPS for the University acknowledges that whether or not students choose to drink, they are likely to find themselves in situations where alcohol is being consumed. More than 450 campuses are using this dynamic program in many facets of student life, including:

- ◆ Resident Life
- ◆ Greek Life
- ◆ Athletics
- ◆ Orientation
- ◆ Student Activities
- ◆ Off-Campus functions



Learn more about how TIPS for the University can help your school!

Call Toll Free 1.800.438.8477

Visit www.gettips.com

Email univ@gettips.com

Create a More Positive Culture Campus Wide

TIPS for the University builds on students' concern for the safety of their peers. This non-judgemental approach helps students from all segments of campus life learn:

Decision-making skills that help students guide their behavior and consider the consequences of their actions.

Confidence to prevent alcohol related incidents on campus such as property damage, injury and drunk driving.

Interpersonal skills that increase students' abilities to effectively intervene in difficult alcohol-related situations.

Liability protection for both the school and its student organizations.

Respect and concern for others that lead to a more positive environment throughout the campus.

How TIPS for the University Works

1. Send an administrator, student leader or staff member to attend a Train-the-Trainer workshop. Once certified in this one-day workshop, your trainer can conduct classes on campus.
2. Contact TIPS to find a trainer in your area to conduct student sessions on your campus.
3. Utilize the TIPS University Department to create a customized plan for your school.

FOCUS ON CHANGING BEHAVIOR

